



## Worksheet for Rating Practice Exercise Part 2 (PS): “Cody at Breakfast”

### **Step 1: Meet Cody**

Cody’s teacher provides the following description:

Cody is four years and nine months old. He is very social and loves music, songs with actions, books and movement. He is motivated to communicate with adults and other children, especially when engaging in literacy activities and pretend play. He is developing math and literacy skills – he is beginning to count one to five objects, write recognizable letters in his name, and identify some letters with adult support. Cody has a good memory of familiar classroom routines and he independently participates in routines and follows classroom social expectations and rules. Cody has Down syndrome. He receives speech and language services.

*Adaptations:* Cody’s IEP team determined that no adaptations are used during his school day.



**Step 2:** In the DRDP (2015) Preschool Fundamental View Assessment Manual PS, read PD-HLTH 7: Personal Care Routines: Feeding

Developmental Domain: PD-HLTH — Physical Development—Health		Conditional Measure					
<b>PD-HLTH 7: Personal Care Routines: Feeding</b> Child responds to feeding and feeds self with increasing proficiency		<input type="radio"/> Measure not rated; this measure is not used for documenting progress or planning this child's learning activities and supports. (Required for children with IEPs)					
Mark the latest developmental level the child has mastered:							
Responding		Exploring		Building		Integrating	
Earlier	Later	Earlier	Later	Earlier	Later	Earlier	
Responds in basic ways during feeding	Shows interest in participating in the process of being fed	Feeds self some finger food items	Feeds self some foods using a spoon and cup, sometimes needing help	Feeds self a wide variety of foods using a spoon, fork, and an open cup	Serves self or others by scooping or pouring from containers	Prepares simple foods to serve to self or others	
<b>Possible Examples</b> <ul style="list-style-type: none"> <li>Turns toward an adult's touch during feeding.</li> <li>Sucks on the nipple of a bottle or breast.</li> <li>Gazes at or nuzzles up to an adult when feeding.</li> </ul>	<ul style="list-style-type: none"> <li>Closes lips around food on a spoon.</li> <li>Puts one or both hands on a bottle or breast while being held during feeding.</li> <li>Reaches for a spoon while being fed.</li> <li>Shows excitement as an adult approaches with a bottle or bowl.</li> </ul>	<ul style="list-style-type: none"> <li>Feeds self small pieces of food, such as cereal or cheese, with fingers or whole hand.</li> <li>Holds and bites a banana.</li> <li>Picks up and eats crackers from a tray.</li> </ul>	<ul style="list-style-type: none"> <li>Eats soft food, such as yogurt or applesauce, from a bowl, using a spoon, with adult sometimes assisting with scooping.</li> <li>Drinks from a cup while an adult guides the cup.</li> <li>Uses a spoon to eat dry cereal from a bowl, sometimes dropping cereal pieces.</li> </ul>	<ul style="list-style-type: none"> <li>Uses a child-sized fork to pierce food.</li> <li>Drinks water from a small open cup.</li> <li>Uses adaptive utensils to feed self a meal when positioned functionally.</li> </ul>	<ul style="list-style-type: none"> <li>Serves self from a serving bowl, using a large spoon, while someone else holds the bowl.</li> <li>Pours from a small pitcher, with some spilling.</li> <li>Uses a scoop to fill small bowls with cereal for snack time.</li> </ul>	<ul style="list-style-type: none"> <li>Spreads jelly on bread with a small spatula to make a sandwich.</li> <li>Cuts foods with a small plastic knife.</li> <li>Takes the shell off of a hard-boiled egg.</li> </ul>	
<input type="radio"/> Child is emerging to the next developmental level <input type="radio"/> Unable to rate this measure due to extended absence		<b>PD-HLTH 7</b>				<b>PD-HLTH 7</b>	

**Step 3:** Watch the video clip. After the clip ends, use the space below to jot down your observations of Cody in relation to this measure.

**Step 4:** Read the following documentation of other observations made of Cody related to this measure.

Source of Information	Recent Observations of Cody
Observations made by the Cody's teacher	"Cody poured juice from a small pitcher into a cup during snack by holding the pitcher with his right hand and holding his cup stable with his left hand."
Observations made by the Cody's mother	"At breakfast, Cody served his sister cereal by using a big serving spoon to put some cereal in her bowl."
Observations made by Cody's father	"At dinnertime at home, Cody used serving tongs to pick up a roll from the bread basket."

**Step 5:** Rate the measure based on the above documentation and the observations that you made while watching the video clip.

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